

### AFTERCARE INSTRUCTIONS

PLEASE READ **THOROUGHLY** AND CONTACT US AT [INFO@ELLELASHBAR.COM](mailto:INFO@ELLELASHBAR.COM) WITH QUESTIONS OR IF YOU'RE CONCERNED ABOUT LOSING EYELASH EXTENSIONS. WE CAN HELP YOU TROUBLESHOOT.

The longevity of the eyelash extensions depends on how well you take care of them. The maintenance depends on YOU, therefore we cannot guarantee how long the extensions will stay.

#### The First 48 Hours

It takes 48 hours for the adhesive to cure (dry) thoroughly and yield a strong, durable bond. During this time, the adhesive bond is vulnerable to moisture, steam, excessive heat, cosmetic ingredients, and friction from rubbing and cleansing.

The following activities will result in a weaker bond, premature eyelash extension loss and therefore **should be avoided** during the first 48 hours:

- o **ABSOLUTELY NO Shower for 24 hours** (If you shower in the first **24 hours**, they will most likely shed immediately). **DO NOT WASH YOUR HAIR FOR 48 HOURS.**
- o Wetting your eyelashes or **crying**
- o **Working out or sweaty activities** (includes low impact-yoga ,barre, bike riding)
- o Exposure to excessive heat (hair dryers) & **steam**
- o Application of cosmetics like concealer, **mascara, or eyeliner** (even lash **compatible products**)
- o **Touching** OR "brushing" the extensions
- o Active, aggressive sleeping or rubbing your face on your pillow
- o Receiving irritating eye-area treatments
- o **Spray tans** (if you do, please make sure your eyes are covered very well.)

#### After The First 48 hours (AND AS LONG AS YOU PLAN ON MAINTAINING AND WEARING EXTENSIONS)

After the first 48hours, although the adhesive has fully cured, persistent exposure to **moisture, steam, extreme heat**, incompatible cosmetics, and friction may impact the durability of the adhesive bond.

**VERY IMPORTANT:** The **oils** and emollient ingredients contained in the majority of makeup and skin care products weakens the eyelash extension adhesive and will cause the extensions to fall off more quickly.

The following activities will weaken the adhesive bond and result in premature eyelash extension loss and therefore should be **avoided completely** for as long as you plan on maintaining your eyelash extensions:

- o **ANY PRODUCT (HAIR, MAKEUP, SKIN CARE) WHERE OIL IS LISTED AS AN INGREDIENT. PLEASE CHECK YOUR PRODUCT LABELS.**
- o Cream based eye shadows, primers, or concealers
- o Excessive exposure to extreme heat (hair dryers, sauna), **steam** (bikram/hot yoga, **facials, steam room**), and friction. YOU CANNOT GET FACIALS IF YOU WEAR EXTENSIONS. Get a chemical peel.
- o **ALL EYE CREAMS, MAKEUP REMOVERS, EYELINERS, MASCARAS , AND CONCEALERS, (USED ON TOP OR BOTTOM), MUST BE A PRODUCT THAT IS MADE SPECIFICALLY FOR EYELASH EXTENSIONS. Anything that is not, is used at your own risk. (EX: Urban Decay, MAC, Dior, and Kat Von D is NOT GOOD for extensions!!)**
- o Use of oil-based eye care products **on or EVEN NEAR** your eyelashes, such as eye creams, eye serums, Vaseline, and cleansers. ( i.e. La Mer, Philosphy Purity)
- o Use of waterproof cosmetic products on or near the lashes (especially mascara and eyeliner)
- o Excessive mascara application (including lash compatible mascara). Lash compatible mascara must be removed carefully each evening and should only be applied to tips, never from root.
- o Using mechanical curlers OR **BRUSHING EXTENSIONS**. **Only use mascara wand to reposition, not brush.**
- o Touching, picking, or pulling on your eyelashes.
- o Excessively rubbing your eyes or lids (Note: Many people do this unconsciously)



## General Maintenance and Tips

Wash your face at the sink (**especially on the 2<sup>nd</sup> day when you take a shower**) to ensure total control of your cleansing products.

Use a cloth to remove products from your face. Wipe around eyes avoiding your lashes. Clean the extensions using water and lint free applicators.

Be cautious with **makeup wipes, q-tips** which can sometimes snag on your extensions. **Lint free is best.** We offer a complete line of products that can be used to cleanse and maintain your lashes.

Avoid shower water directly hitting your lashes. Be cautious with cleansers, hair conditioner, and shampoo dripping into your lashes. Lean your head back in shower to avoid contact with all hair products, or use a detachable shower head.

**Keep oil under control,** especially in the T-Zone and around the eyes. We recommend oil blotting film. Use them on the forehead and upper eyelids to prevent oil from sliding down to your eyes. **Blot daily.**

Avoid getting close to **steamy pots,** heated ovens, grills, or fire pits.

Although mascara is not usually necessary if you initially choose a look that gives you fullness and volume, eyelash extension mascaras can be used (**sparingly**) on **ONLY** the **tips** of your eyelash extensions. You may also use the eyelash extension mascara on your lower eyelashes. **\*Note:** you must remove the mascara from your lashes with oil-free remover and lint free swabs after each use.

**COMMON REASONS LASHES FALL OFF...**Natural lash shedding, improper care in the first 48 hours. Excessive rubbing, use of skin care products on, or even near your lashes. Exposure to steam.

## Re-Lash Maintenance

Your natural lash has an approximate life span. When your own lash sheds, it is replaced with a new lash. A re-lash is recommended every **2 weeks** to replace any lashes lost due to your lash cycle in order to maintain the look and fullness of your lash extensions. **Appointments past 4 weeks are considered a full set.**

**IMPORTANT:** The goal is to take care of your lashes and come back with as many extensions as possible. This will save you time and money in the long run.

At your re-lash appointment you can make adjustments to your current look and get a **totally new look** if you desire. You can change *length, curl, and design* **FOR NO EXTRA CHARGE.** **CHANGES TO FULLNESS/VOLUME REQUIRES ADDITIONAL TIME, LASHES, AND THEREFORE COST.** Please make your technician aware of any changes to be made.

**IMPORTANT:** Lash fullness is determined by the quantity of lashes applied. To maintain your fullness or to achieve additional volume, additional lashes must be applied. Please consider this when booking your re-lashes.

- FULL re-lash includes **40 lashes** per eye and is **\$95.**
- Save money with the **"LASHIONISTA" Membership!** It includes **2 FULL re-lashes (40 lashes per eye)** and is **\$150** per month.
- Re-lash Upgrade includes 20 lashes per eye and is \$30. Can be added to a full re-lash or any membership appointment.

*In the event that you do not like your new extensions, or feel that your new extension are too long, please do not use scissors to trim the lashes. Please contact us.* **Your happiness is important!!! Please email info@ellelashbar.com with any issues, questions, comments or concerns.** If you experience an allergic reaction to the adhesive, please call **or text 202.255.1444 (for emergency purposes only)** to book an appointment to have your extensions removed.